



6th ANNUAL BRAIN HEALTH SYMPOSIUM

UNLOCK YOUR MIND, ENHANCE YOUR LIFE: EMPOWERING BRAIN HEALTH FOR A BRIGHTER FUTURE!
FREE EVENT | VIRTUAL & IN-PERSON | LUNCH INCLUDED

SATURDAY, OCTOBER 17 | IDAHO COLLEGE OF OSTEOPATHIC MEDICINE | 8:15 A.M.–3:00 P.M.

Speakers and Presentation Schedule – All Presentations Approved for CME/CEC's

8:15 – 9 a.m.

Registration, Networking, and Vendor Fair

Atrium

Coffee Service Presented by AARP Idaho

Student Lounge

Complimentary Hearing Screens provided by ENVISION

Student Service Suites (8:15 a.m.–1:45PM)

9 – 10 a.m.

Opening Keynote: "Understanding Your Risk Factors"

Lecture Hall 150

Dr. Thomas Farrer PhD | University of Idaho

10:30 – 11:30 a.m.

Lecture Hall 150

Michael White PA-C | St. Luke's
"The Diabetic Brain: Pathophysiology & Impact on Cognitive Function"

Lecture Hall 156

Sheila Weaver LCSW, AADC | Boise State University
"Family Caregiving"

Dr. Shashi Ajmani MD | Saint Alphonsus
"The Effect of Hormones on Brain Health"

Tina Barnett | Learn Idaho
"Using Technology to Improve Health Outcomes"

11:30 a.m. – 12:30 p.m.

Box Lunches

Student Lounge

12:30 – 1:30 p.m.

Afternoon Keynote: "BSU Neurosciences Research"

Lecture Hall 150

Dr Bob Wood & Sydney Boutros PhD | Boise State University

1:45 – 2:45 p.m.

Lecture Hall 150

Theresa Trimarco AuD | Idaho Elks Hearing and Balance Center
"How Does Correct Hearing impact Brain Health"

Lecture Hall 156

Leslee Blanch RD, Grp X | University of Idaho
"The Science Behind Brain Health & Physical Activity"

Sarah Mosseau AuD | Idaho Elks Hearing and Balance Center
"Long Term Success with Hearing Aids"

"Applying Brain Health Science to Physical Activity"



In support of improving patient care, this activity has been planned and implemented by University of Idaho, School of Health and Medical Professions and the Treasure Valley Family YMCA. The University of Idaho, School of Health and Medical Professions is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

