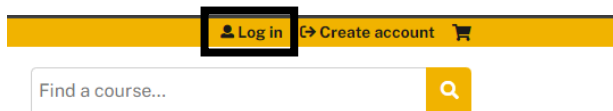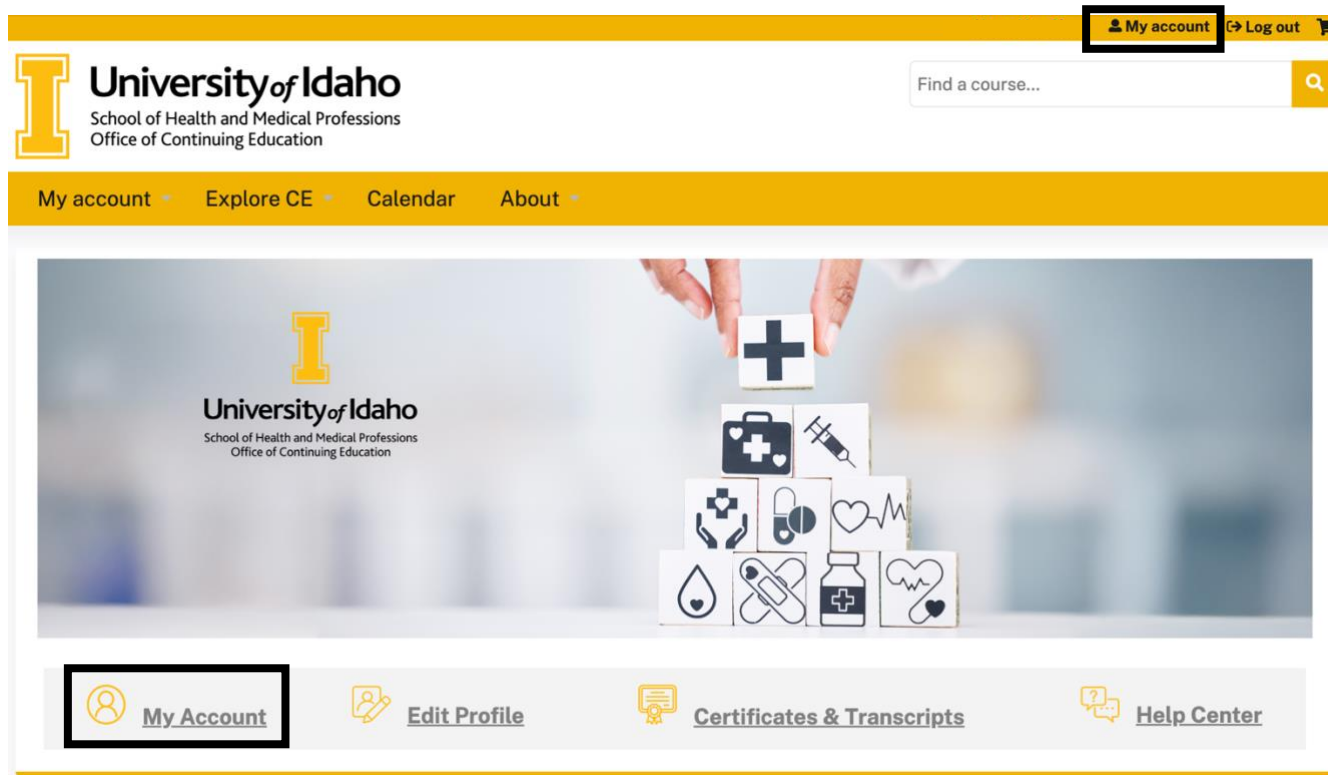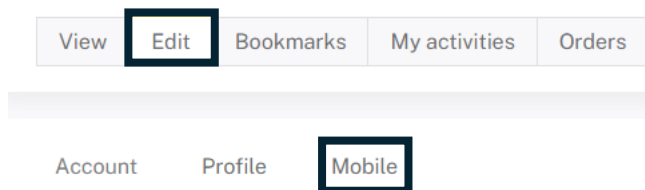**Step 1:** Visit **go.idaho.edu/cme** and log in.

Step 2: Click **My Account** on the top right of the page or from the navigation bar on the homepage.

Step 3: Click **Edit** followed by **Mobile**.

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Step 4: Enter a 10-digit mobile phone number, excluding any dashes, parentheses, or spaces and select your country. Then click **Confirm Number**.

If you already have a phone number listed in this section, but do not have your confirmation code, click **Delete and Start Over** and follow the steps below.

Step 5: After you enter your mobile number and click Confirm Number, you will receive a text message from 208-886-1736 with a 4-digit confirmation code. Enter the code and click **Confirm Number**.

A **Sleep Time** option is available, but you can skip this. The system will never text you outside of automatic confirmation codes for confirming new mobile numbers or recording your RSS credit.

NEED FURTHER ASSISTANCE?
For additional questions and assistance, contact us at: shamp-ce@uidaho.edu

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