

Caregiver Connections

A series of free classes designed to support caregivers of those living with dementia.



This free education series teaches caregivers how to navigate the responsibilities of caring for someone living with dementia along with a session on Brain Health delivered by Leslee Blanch, University of Idaho Extension educator and Registered/Licensed Dietitian Nutritionist.

Register for individual sessions to meet your needs or complete the entire series.

For More Information or to Register,
Contact Jody Cornilsen at
jocornilsen@alz.org or 208-350-6823 or
use the QR code below.

Idaho Falls Public Library
457 W Broadway St.
Idaho Falls, ID 83402

**Registration encouraged, but not required.*

**Join Us from 12 - 1:30 p.m at the
Idaho Falls Public Library**

March 5

Dementia Friends Information Session

March 19

*Intro to Alzheimer's & Building Foundations of
Caregiving*

April 2

Supporting Independence

April 16

*Communicating Effectively & Responding to
Dementia-Related Behaviors*

April 30

Exploring Care & Support Services

May 14

Brain Health: Protecting Your Cognitive Assets

In Collaboration With:



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