

St. Luke's Cancer Institute Support Programs

Brain Tumor Support Group

Join us in-person or virtually for this support group to share your story, learn about coping with symptoms and psychological changes, and get important medical updates.

- **In-person and virtual options:**

- *Registration Required:* Call Ben at 208-381-4217 or email brainsupport@slhs.org

Cancer Caregiver Support Group

An online educational and supportive group for anyone caring for a loved one with cancer.

- **Virtual only:**

- *Registration Required:* Call 208-706-2288 or email cancersupportgroups@slhs.org

Living Through Cancer Support Group

Join St. Luke's Cancer Institute staff to connect with others who share a similar experience. Open to patients, caregivers, and family members.

- **In-person and virtual options:**

- *Registration Required:* Call 208-706-2288 or email cancersupportgroups@slhs.org

Stage 0 - 2 Breast Cancer Support Group

Led by St. Luke's Cancer Institute social workers and registered nurses, this support group provides a safe, supportive space to connect with one another, share experiences, ask questions, and learn how to navigate life with stage 0-2 breast cancer. Open to anyone diagnosed with stage 0-2 breast cancer.

- **In-person and virtual options:**

- *Registration Required:* Call 208-706-2288 or email cancersupportgroups@slhs.org

Palliative Care Support Group

Led by St. Luke's Cancer Institute social workers and chaplains, this support group provides a safe, welcoming space for patients with serious illness, and their caregivers. This group is for St. Luke's Cancer Institute patients and caregivers. Topics include: adjustment to illness, grief and loss, mental health, existential and spiritual pain, end of life concerns, pain and symptom management, communication.

- **Virtual only:**

- *Registration Required:* Call 208-706-2288 or email cancersupportgroups@slhs.org

Community Cancer Support Programs

Artist in Residence - YMCA

No-cost creative arts workshops designed to promote a sense of healing and recovery for cancer survivors. No experience necessary. All supplies are provided.

- In-person and virtual class options
- **For more information:** Call Stephanie Werntz at 208-794-5534 or email Stephanie.Werntz@ymcatvidaho.org

Better Breathers Club, Meridian

A support group for individuals with chronic lung disease, caregivers and family members welcome. Learn about ways to cope with conditions such as COPD, lung cancer, pulmonary fibrosis, and asthma. Lead by trained facilitators, these groups provide tools to have the best quality of life you can.

- **For more information:** Contact Audrey Chavez at chaveaud@slhs.org

Blood Cancer United Support Groups

- In-person Boise Blood Cancer Support Group—register at bloodcancerunited.org
- Virtual Colorado Blood Cancer Support Group—*open to Idaho patients*

Brain Tumor Support Group, Boise

A group for support and comradery for any brain tumor patient, survivor, or caregiver.

- **For more information:** Call Laurie Bankhead at 208-550-1570

CancerCare

Online and telephone support groups and educational seminars for patients, survivors, caregivers, and loved ones. Financial assistance information also available.

- **For more information:** Call 800-813-4673 or visit www.cancercare.org

Coping Connections

A caring, safe place for participants to learn more about cancer issues and share the emotional, mental, and spiritual impact it has on their lives. Loved ones are welcome to join.

- **For more information:** Call 208-367-3131

Elmore County Circle of Hope Cancer Support Group

A support group for patients, survivors, and caregivers.

- **For more information:** Call Marcella at 208-599-3824 or AJ at 208-599-0949

Idaho 2 Fly Coffee Gatherings

A support group for men with cancer on Wednesday's and Saturday's.

- **For more information:** Visit Idaho2fly.org or call 208-462-0402

Community Cancer Support Programs

Man Up To Cancer Support Group PNW Chapter

A non-profit organization that inspires men to connect and avoid isolation during their cancer journeys through support groups, retreats, and chemo care backpack program.

- **For more information:** Email info@manuptocancer.org or visit www.manuptocancer.org

Ostomy Support Group, Boise

As an Ostomy support group, we offer emotional and educational support to those who are facing or have had ostomy surgery through bi-monthly meetings, seasonal gatherings, an annual fun run, and newsletters. We also offer an Ostomy visitor's program (with your consent) to have a fellow ostomate visit you prior to, or post-surgery.

- **For more information:** Email olsonjuli@slhs.org, call 208-381-6141, or visit www.ostomy.org

Shades Of Pink Breast Cancer Support Group

A Treasure Valley support group open to any woman, at any stage of their breast cancer journey.

- **For more information:** Email shadesofpinktv@gmail.com or find us on Facebook

Stupid Cancer

Stupid Cancer's mission is to help empower everyone affected by adolescent and young adult (AYA) cancer by ending isolation and building community and providing age-appropriate resources to help navigate treatment and survivorship on your own terms.

- **For more information:** Call 877-735-4673 or visit www.stupidcancer.org

Treasure Valley Multiple Myeloma Support Group

We welcome you to share your experience in a volunteer led support group with myeloma patients, care partners, family & friends. Join us to meet and interact with others to learn the latest advances in the treatment and management of myeloma.

- In-person or virtual options
- **For more information:** Call Sheri Baker at 208-371-8814 or email treasurevalley@imfsupport.org

Treasure Valley Us Too! Prostate Support Group

Open to any man managing a diagnosis of prostate cancer. Support is available for partners and spouses through www.ustoo.org.

- In-person or virtual options
- **For more information:** Contact Darrell at 707-628-5901 or dngwilson@yahoo.com