



A Project of Aging Strong



**NEW YEAR
NEW LOCATION**

Have You Heard About Our Memory Café?

A place where family caregivers and their loved one with memory loss can get together in a safe, supportive, and engaging environment.

OFFERED AT NO COST!

The Memory Café Encourages Friendship and Acceptance!

The Memory Café is a time to enjoy activities with your loved one with memory loss and break from the normal routine. It is a time to socialize, learn from monthly topics, and build resources for changing needs.

The Café offers a time for support, shared stories, laughter, and most of all, knowing that **you are not alone!**

2026 Saint Alphonsus Memory Center Memory Cafe

JOIN US ONLINE:

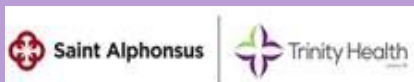
- ♦ **2nd Tuesday of Each Month, 11:30-1:00**
- ♦ **New Event Beginning February 10th, 2026**
- ♦ **For Zoom link contact: Karen, kkouba@jannus.org, 208-947-4283**



“Memory loss can be such an isolating condition — for both of us. Going out and just being ourselves is so welcoming.”

For information or to **RSVP**
Contact: Karen Kouba-Mclver
Email: kkouba@jannus.org
Phone: 208-947-4283

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www.AgingStrong.org