



NEW YEAR  
NEW LOCATION

## Have You Heard About Our Memory Café?

A place where family caregivers and their loved one with memory loss can get together in a safe, supportive, and engaging environment.

OFFERED AT NO COST!

### The Memory Café Encourages Friendship and Acceptance!

The Memory Café is a time to enjoy activities with your loved one with memory loss and break from the normal routine. It is a time to socialize, learn from monthly topics, and build resources for changing needs.

The Café offers a time for support, shared stories, laughter, and most of all, knowing that **you are not alone!**

### 2026 Saint Alphonsus Memory Center Memory Café

**JOIN US ONLINE:**

- ♦ **2nd Tuesday of Each Month, 11:30-1:00**
- ♦ **New Event Beginning February 10th, 2026**
- ♦ **For Zoom link contact: Karen, kkouba@jannus.org, 208-947-4283**



*“Memory loss can be such an isolating condition — for both of us. Going out and just being ourselves is so welcoming.”*

**For information or to **RSVP****  
**Contact: Karen Kouba-McIver**  
**Email: kkouba@jannus.org**  
**Phone: 208-947-4283**

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