

CASE RECOMMENDATION FORM

ECHO Session Date: 3/11/26

Presenter Credential: School Nurse

After a review of the case details from the ECHO Idaho – K12 Education: School Nurses session, and discussion of this student's case among the ECHO Community of Practice, the following suggestions have been made:

Central Question:

Because having a release of information (ROI) is so important, how can we work with parents who do not want an ROI?

Recommendations:

- Build trust overtime and establish relationships with parents.
 - If parents don't want an ROI, they may agree to speak with you on a regular basis to check-in. This may help in having parents view you as a trusted partner, someone who is willing to work with them instead of someone who will work/speak against them, when another ask for an ROI is made.
- Educate parents and negotiate more specific ROIs when families are hesitant.
 - Parents are sometimes hesitant because they lack information as to the purpose of an RO, such as how cooperative care can really help their child.
 - Parents may also be concerned about protecting their child's information, so it may help to explain that the ROIs can be limited to specific information.
- Use motivational interviewing strategies with parents.
 - Although not directly related to communicating with parents, the following recording offers general motivational interviewing concepts and strategies: [Motivational Interviewing | Winslow Gerrish, PhD, Full Circle Health | 4-10-2023](#)

Consider presenting a patient case at a future ECHO Idaho session.

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