

SCHOOL CASE RECOMMENDATION FORM

ECHO Session Date: 4/10/26

Presenter Credentials: RN

Summary:

This school district is facing challenges related to staff collaboration, community engagement, and responding effectively to student well-being needs due to a lack of reliable data. Currently, the district operates in a largely reactive mode, responding to emerging concerns—such as vaping—without comprehensive data to guide prevention or support strategies. Efforts to administer the Idaho Youth Well-being Survey have been unsuccessful due to limited district and parent buy-in, leaving the school without data to identify priority issues or inform interventions. Some steps have been taken, including implementing a four-week vape diversion program, installing vape detectors, hiring additional school resource officers, expanding health education efforts, and creating a district health webpage to improve communication with parents. However, the primary goal moving forward is to secure support from district leaders and parents to administer the Youth Well-being Survey—potentially by incorporating consent into registration materials and providing parents access to the survey beforehand—in order to gather the data needed to guide more proactive and collaborative student health initiatives.

Recommendations:

- **Start with administrative buy-in.** Ensure district leadership understands the purpose and value of the survey; success depends heavily on their support.
- **Frame and message the survey carefully.** How the survey is packaged and communicated—especially in Idaho communities—matters for building trust.
- **Be transparent and proactive in communication.** Clearly explain the purpose of the survey, how the data will be used, and what safeguards are in place.
- **Provide parents full access to the survey.** Ensure parents can review the entire survey beforehand through links (e.g., school website, SDE or C4Y sites) and supporting materials like one-page overviews.
- **Hold listening sessions with hesitant communities.** Start by understanding concerns, barriers, or misunderstandings before pushing the survey itself.
- **Connect administrators with peers who have implemented the survey successfully.** Leaders from districts like Blaine or others can share their experiences and strategies.
- **Leverage Communities for Youth (C4Y) support.** C4Y can help facilitate conversations with administrators and communities, and funding may be available for this support.
- **Network with other schools and districts doing this work.** Learning from peers can help normalize the process and build confidence.
- **Use strategic approaches to consent collection.** For example, incorporating permission forms into advisory periods or other structured times to increase response rates.
- **Assess district capacity before launching.** Schools can realistically take on only a limited number of major initiatives at once, so timing and readiness matter.
- **Emphasize prevention.** Highlight that collecting data now helps address issues proactively before crises occur.
- **Focus on relationship-building across the district and community.** Strong relationships among staff, administrators, parents, and community partners increase trust and capacity for initiatives like the survey.
- **See contact information below to reach out to panelists.**

Consider presenting follow-up for this patient case or any other patient cases at a future ECHO Clinic session.

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