

ECHO IDAHO

Cancer Survivorship

Supporting Families and Communities Through Cancer Survivorship

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Learning Objectives

- Understand cancer survivorship and the impact on family systems.
- Increase understanding of the community implications of rising cancer survivorship.
- Identify strategies that healthcare providers, families, and communities can use to support cancer survivors' long term physical and psychosocial well-being.

Cancer and the Family System

- Everyone is impacted in some way.
- Role changes.
- Quality of life changes.
- Emotional strain, financial strain.



Cancer Caregivers

- 1 in 4 adults in the US are family caregivers.
- Two-thirds of caregivers report high to moderate stress.
- The medical system often ignores or severely under supports caregivers.
 - Caregiver burnout.



Cancer and Community



- Workforce expectation.
- Rural and geographic barriers.
- Social determinants of health.
- Policy and systemic implications.

5 R's

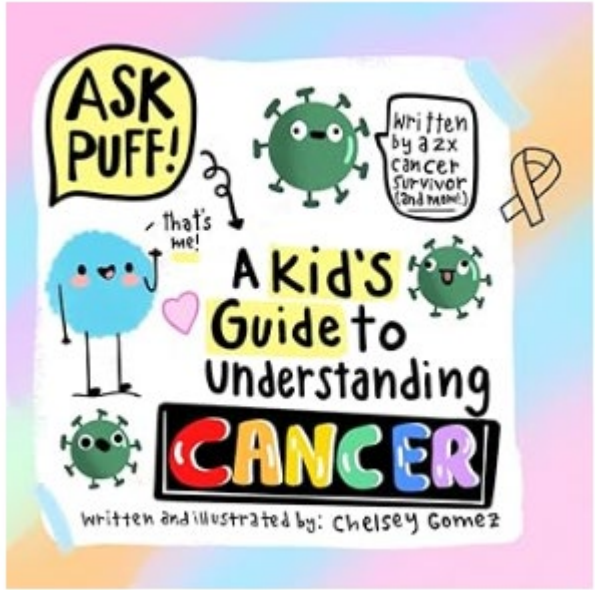
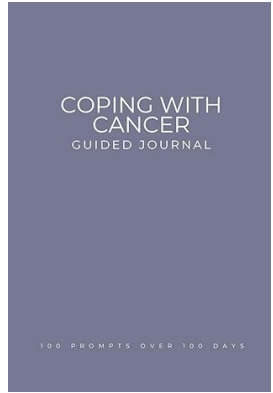
- Recognize.
- Refer.
- Resource.
- Respond.
- Rally.





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Key Points

01

Cancer doesn't end; it changes.

02

We are part of the community.

03

5 R's – Recognize, refer, resource, respond, and rally.



Alone, we can do so little;
together we can do so much.

Helen Keller



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