

# DO YOU CARE FOR A FAMILY MEMBER WITH FRONTOTEMPORAL DEMENTIA (FTD)?

You may be eligible to participate in a research study that offers support, education, and resources for caregivers.

Join the STELLA-FTD study!



## BENEFITS

- Learn strategies to manage upsetting behaviors
- Access helpful caregiver resources
- Connect with other family caregivers

## PARTICIPATION INCLUDES

- 8 Weekly Group Sessions: Participate via videoconferencing from the comfort of your home
- Online Surveys: Complete 6 surveys before, during, and after the 8-week program
- Weekly Check-ins: Fill out brief surveys each week
- Optional Focus Groups: Share your experiences in focus group discussions

Gift cards of up to \$200 are available for completing all study activities



## ELIGIBILITY CRITERIA

You may be eligible if:

- You care for a family member diagnosed with frontotemporal dementia, such as FTD, behavioral variant FTD, Primary Progressive Aphasia, FTD with ALS, Corticobasal Syndrome, or Progressive Supranuclear Palsy
- Your family member exhibits two or more distressing behaviors (e.g., crying, trouble communicating, refusing to bathe, inappropriate comments or gestures)
- You provide care or supervision for your family member for at least 4 hours per week

## MORE INFORMATION

- All study activities are done from your home, no travel is needed
- Your family member with FTD does not need to live with you
- We can arrange for you to have a computer if you do not have one

OHSU IRB Number: 26023 PI: Lindauer



Questions? Learn more by emailing us at [stellaftd@ohsu.edu](mailto:stellaftd@ohsu.edu) or visiting us at [ohsu.edu/stella-ftd-study](http://ohsu.edu/stella-ftd-study)

You may also scan the QR code with your phone's camera

