

Down syndrome and Alzheimer's dementia case

F- age 52

One year ago: loved to swim, dine at restaurants with her parents, travel by airplane to national parks.

Behavior started to change. Periods of refusing to climb stairs to her bedroom at her home; refused to go over the ramp to the airplane (parents had to switch to road travel); quit swimming and eventually refused to leave her home. She was diagnosed with depression and put on sertraline without any benefit.

- Use to phone her parents every Saturday at noon
- Forgets to take her meds
- Forgets names of familiar staff members

Parents: "The first kind of things I noticed was that she was getting forgetful. Where things went, and she'd go to the cupboard to get a cup and it was not that cupboard it was another cupboard. And . . . and that was how, that was the first signs; realized that perhaps something was going on"